YOGA TREE
Hotchkiss, Colorado

DEEPEN YOUR PRACTICE with NANCY STECHERT

June 26, 27 & 28, 2026

Fri 6/26	**3:00-4:30 pm** Asana all levels	**5:00-6:30pm** Restorative Asana		
Sat 6/27	**9:00-11:00am** Asana	**11:15-12:15pm** Pranayama	**12:30-2:00pm.** Lunch & Philosophy	**2:00-4:00pm** Asana
Sun 6/28	**9:00-Noon**	A combination of Asana, Pranayama and Meditation		

Price Complete Workshop - $180 Individual sessions - $22 each session

Please email yoga@hotchkissyogatree.com to register.
Pay at the beginning of the workshop.
Classes will be available on Zoom.