



Class Schedule

Fall 2025

Yoga Tree
 110 S 7th Street
 Hotchkiss, CO
 970-872-3377
www.hotchkissyogatree.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	8:00-9:00 AM Mixed Levels Elise		8:00-9:00 AM Mixed Levels Elise		
9:00-10:00 AM Mixed Levels Elise		8:30-10 AM Level II Nancy	9:30-10:45 AM Yin Yoga Sarsa	8:30-10 AM Level II Nancy	9:00-10:00 AM Therapeutic Yoga Katy
10:15-11:15 AM Sunday Reset Derek		10:30-11:30 AM Gentle Nancy	12:30 PM-1:30 PM Vinyassa Zia	10:30-11:30 AM Gentle Nancy	10:15 - 11:30AM Mixed Levels Jeannie
		4:30-5:30 PM Slow Flow / Restorative + Gong Katie	4:30-5:30 PM Therapeutic Yoga Katy	4:30-5:30 PM Mixed Levels Nancy	