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| Logo, company name  Description automatically generated | Class ScheduleOctober 2023 | Yoga Tree110 S 7th Street Hotchkiss, CO  970-872-3377  www.hotchkissyogatree.com |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| --- | --- | --- | --- | --- | --- | --- |
|  | **8-9AM**  Mixed Levels  w/ Elise |  | **8-9 AM**  Mixed Levels  w/Elise |  | **8-8:45AM**  Functional  Breathing  w/ Derek\* | **\*Starts 10/13** |
| **9-10 AM**  Mixed Levels  w/ Elise | **9:15-10:15 AM**  Vinyasa Flow I  Chrissy | **8:30-10 AM**  Level II  w/ Nancy |  | **8:30-10 AM**  Level II  w/ Nancy | **9-10 AM**  Level I  w/ Katy | **10:30 -11:30AM**  Vinyasa Flow  w/ Chrissy |
|  | **10:30AM-Noon**  Gentle  w/ Joanne | **10:30-11:30AM**  Gentle  w/ Nancy |  | **10:30-11:30AM**  Gentle  w/ Nancy |  |  |
| **12-2 PM**  Open Movement  Jam w/Elise  By Donation |  |  |  |  |  |  |
|  | **5-5:45 PM**  Functional Breathing w/Derek |  | **4:45-5:45 PM**  Therapeutic  Yoga  w/ Katy | **4:45-5:45PM**  Mixed Levels  w/ Nancy |  |  |